

# rugby 4 life

## Join in Rugby4Life 2010

Rugby League and Rugby Union clubs across Yorkshire and Humber are starting "Senior Touch Rugby" leagues this April and running through the summer.

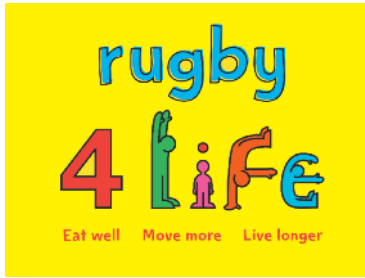
It's free to enter and all teams get free tee shirts and the chance to win medals and trophies. The winners go through to compete in the grand regional final.

It's a fun way of playing rugby without the scrums, kicking and tackling. Anyone can join in: whether you used to play or are new to the game, there's a league for you.

All players must be 33 or above and not have played full contact rugby in 2010. Teams should be 9 - 15 players - with 9 on the pitch and unlimited substitutions.

If you would like to enter a team or would like more information, please contact your nearest club. Details of participating clubs and contact details are overleaf, or see [www.therfl.co.uk](http://www.therfl.co.uk) and [www.rfu.com](http://www.rfu.com)





# Rugby4Life 2010

If you would like to enter a team or would like more information about the Senior Touch Rugby Leagues, please contact your nearest club.

## Participating Clubs

### Castleford Lock Lane ARLFC

Lock Lane Sports Centre,  
Lock Lane, Castleford, WF10 2JU

Derry Barnes/Dean Elliott  
01977 510200  
locklanesportscentre@hotmail.com

### Castleford RUFC

Willowbridge Lane, Whitwood,  
Castleford, WF10 5PD

Steve Ball  
0113 2601300  
01977 554762

### Crigglestone All Blacks ARLFC

South View, Crigglestone,  
Wakefield, WF4 3HN

Brian Davies  
07773 341640

### Dewsbury Celtic RLFC

Park Parade, Westtown,  
Dewsbury, WF13 2QG

Michelle Huntington  
07920 023669

### Dudley Hill ARLFC

Neil Hunt Memorial Ground,  
Lower Lane, Bradford, BD4 8TG

Andy Harland  
0113 237 5025  
07802 935173

### East Leeds RLFC

East Leeds ARLFC, 81 Easy Road,  
Leeds, LS9 8QS

Steve Jones  
0113 2647063  
07515 661244

### Featherstone Lions RLFC

The Millpond, Wakefield Road,  
Featherstone, West Yorkshire, WF7 5HL

Dean Campbell  
07803 084795

### Holderness Vikings

Saltaugh Road Playing Field,  
Keyingham, Hull, HU12 9RT

Dick Thompson  
01964 613722  
07540 072071

### Hull Wyke ARLFC

Bricknell Playing Fields,  
Cropton Road, Hull, HU5 4EP

Craig Beaumont  
07800 901217

### Hull RUFC

Ferens Ground, Chanterlands Avenue,  
Hull, HU5 4EF

Jody Opperman  
jody@hullrugbyunion.co.uk

### **Hull Isberg ARLFC**

Kingswood High School,  
Warne Road, Bransholme,  
Hull, HU7 4WR

Alan Parker

01482 822373

07808 157271

alanparker@hullrugbyleague.com

### **Newsome Panthers Juniors RLFC**

Newsome High School and Sport College,  
Castle Avenue, Newsome, Huddersfield,  
West Yorkshire, HD4 6JN

Mark Farrell

07768 600063

### **Normanton Knights ARLFC**

Queen Elizabeth Drive, Normanton  
Wakefield, WF6 1DT

Katrina Daw

01924 898093

### **Ovenden RLFC**

Rear of Forest Cottage Community Centre,  
Four Fields, Cousin Lane, Ovenden,  
Halifax, HX2 8AD

Joe Collins

01422 258350

07941 317871

### **Sheffield RUFC**

Abbeydale Sports Club,  
Abbeydale Road South, Sheffield, S17 3LJ

Adriaan Posthuma

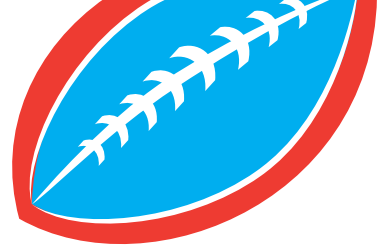
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### **Siddal ARLFC**

Siddal Sports & Community Centre,  
Exley, HX3 9EW

Joe Nolan

07931 700423



### **St. Joseph's ARLFC**

Fartown Rugby Ground, Spaines Road,  
Huddersfield, West Yorkshire, HD2 2SD

Kevin Bower

07542 215995

rugby4tots@live.co.uk

### **Smawthorne Panthers ARLFC**

Willowbridge Lane, Whitwood,  
Castleford, WF10 5NW

Tony Miller/Craig Armitage

07595 520172

### **Stanningley SARLC**

Coal Hill Drive,  
Leeds, LS13 1PA

Paul Devine/John Norfolk

0113 2560847

### **Wensleydale RUFC**

Lock Lane Sports Centre, Lock Lane,  
Castleford, West Yorks, WF10 2JU

Jim McRobert

07801 564020

01969 624118

### **West Park Leeds RUFC**

The Sycamores, Bramhope,  
Leeds, LS16 9JR

Andrew Clithero

0113 2671437

07921 104028

secretary@westparkleeds.co.uk

### **Westgate Wolves ARLFC**

The Annex, Snapethorpe School,  
Broadway, Wakefield, WF2 8AF

John Warner/Paul Dickens

07885 237710

07958 024395

# change

# 4 life

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